



## Resources for Further Exploration & Lesson Planning

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Online:

### Regional Plant ID:

- Vascular Plants of the Gila Wilderness, WNMU (good for New Mexico plant ID in general): <https://www.wnmu.edu/academic/nspages/gilaflora/index.html>
- Plants of the Four Corners Region: <http://www.swcoloradowildflowers.com/>
- Plants of Southwestern Deserts: <http://southwestdesertflora.com/index.html>
- Plants of Cerrillos Hills State Park (Central NM):  
<http://www.cerrilloshills.org/photos#!prettyPhoto>
- Plants of the Chihuahua Desert:  
<http://museum2.utep.edu/chih/gardens/list/species.htm>
- Plants of the Southwest: <http://www.americansouthwest.net/plants/index.html>
- New Mexico Flora: <http://www.polyplod.net/swplants/index.html>
- Southern Rocky Mountain Flora: <http://www.rockymountainsflora.com/index.html>

### Southwest Herbalism:

- Kiva Rose Hardin, Plant Healer (NM): <http://www.kivasenchantments.com/>
- Dara Saville, Albuquerque Herbalism (NM):  
<https://albuquerqueherbalism.com/daras-herbal/>
- John Slattery, Desert Tortoise Botanicals (AZ):  
<https://www.deserttortoisebotanicals.com/blogs/news>

### Ethnobotany:

- Native American Ethnobotany Database, Daniel Moerman:  
<http://naeb.brit.org/uses/species/>
- Plant Use by Native Peoples of the American Southwest, Crow Canyon Archaeological Center:  
[http://www.crowcanyon.org/ResearchReports/Archaeobotanical/Plant Uses/plant\\_uses.asp](http://www.crowcanyon.org/ResearchReports/Archaeobotanical/Plant%20Uses/plant_uses.asp)
- Southwest School of Botanical Medicine, Michael Moore:  
<http://www.swsbm.com/Ethnobotany/Ethnobotany.html>

### Middle Rio Grande Bosque:

- Bosque Background, Bosque Education Field Guide (see below):  
<http://www.nmnaturalhistory.org/bosque-education-guide/chapter-2-bosque-background>
- Our Bosque: <http://yerbamansaproject.org/rio-grande-bosque/>
- Bosque Management and Access, CABQ Open Space:  
<https://www.cabq.gov/parksandrecreation/open-space/lands/rio-grande-valley-state-park>

### Educational Materials & Curriculum:

- From Ponderosa to Prickly Pear Native Plant Curriculum, Institute for Applied Ecology :  
<https://appliedeco.org/wp-content/uploads/NewMexico-Curriculum-updated-WE B.pdf>
- Bosque Education Field Guide, New Mexico Museum of Natural History and Science:  
<http://www.nmnaturalhistory.org/bosque-education-guide/forward-and-resources#>

### Books:

#### Central New Mexico Field Guides:

- *Flowering Plants of New Mexico* by Robert DeWitt Ivey
- *Trees and Shrubs of New Mexico* by Jack Carter
- *Land of Enchantment Wildflowers* by Willa F. Finley and Lashara J. Nieland
- *Weeds of the West* by Western Society of Weed Science
- *A Guide to the Plants of the Northern Chihuahuan Desert* by Carolyn Dodson
- *Northern Chihuahuan Desert Wildflowers* by Steve West
- *Wildflowers of the Sandia and Manzano Mountains of Central New Mexico* by Larry J. Littlefield and Pearl M. Burns
- *Foothills Flowers of the Sandia Mountains* by Arian Leigh Pregoner
- *Wildflowers of the Northern and Central Mountains of New Mexico* by Larry J. Littlefield and Pearl M. Burns (expanded from the previously published *Wildflowers of the Sandia and Manzano Mountains of Central New Mexico*)
- *Mountain Wildflowers of the Southern Rockies* by Carolyn Dodson & William Dunmire
- *Rocky Mountain Flora* by James Ells
- *Field Guide to the Plants and Animals of the Middle Rio Grande* by Jean Luc Catron, David Lightfoot, Jane Mygatt, Sandra Brantley, and Timothy Lowrey
- *Flora of Colorado* by Jennifer Ackerfield

#### Southwest Herbalism and Foraging:

- *Medicinal Plants of the Mountain West* by Michael Moore
- *Medicinal Plants of the Desert and Canyon West* by Michael Moore
- *Remedios* by Michael Moore
- *Medicinal Plants of the American Southwest* by Charles Kane
- *Healing Herbs of the Upper Rio Grande* by L. S. M. Curtin
- *Southwest Foraging* by John Slattery
- *Mountain States Foraging* by Briana Wiles

#### Southwest Ethnobotany:

- *Wild Plants of the Pueblo Province* by William Dunmire and Gail Tierney
- *Wild Plants and Native Peoples of the Four Corners* by William Dunmire and Gail Tierney
- *Native American Ethnobotany* by Daniel Moerman
- *Edible Wild Plants of the Prairie* by Kelly Kindscher (many plants from our area)

- Medicinal Wild Plants of the Prairie by Kelly Kindscher (many plants from our area)

Bosque History:

- *Albuquerque's Huning Castle Neighborhoods* by Jane Mahoney

Other Recommended Reading:

- *Braiding Sweetgrass* by Robin Wall Kimmerer
- *New Mexico Vegetation* by William Dick-Peddie