



## Resources for Further Exploration & Lesson Planning

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### Online:

Albuquerque Herbalism - Dara's Herbal: <https://albuquerqueherbalism.com/daras-herbal/>

Institute for Applied Ecology – From Ponderosa to Prickly Pear Native Plant Curriculum:  
<https://appliedeco.org/wp-content/uploads/NewMexico-Curriculum-updated-WEB.pdf>

Crow Canyon Archaeological Center - Plant Use by Native Peoples of the American Southwest:  
[http://www.crowcanyon.org/ResearchReports/Archaeobotanical/Plant Uses/plant\\_uses.asp](http://www.crowcanyon.org/ResearchReports/Archaeobotanical/Plant%20Uses/plant_uses.asp)

Western New Mexico University - Vascular Plants of the Gila Wilderness (good for New Mexico plant ID in general):  
<https://www.wnmu.edu/academic/nspages/gilafiora/index.html>

New Mexico Museum of Natural History and Science – Bosque Education Field Guide:  
<http://www.nmnaturalhistory.org/bosque-education-guide/forward-and-resources#>

### Books:

#### Central New Mexico Field Guides:

- *Flowering Plants of New Mexico* by Robert DeWitt Ivey
- *Trees and Shrubs of New Mexico* by Jack Carter
- *Land of Enchantment Wildflowers* by Willa F. Finley and Lashara J. Nieland
- *Weeds of the West* by Western Society of Weed Science
- *A Guide to the Plants of the Northern Chihuahuan Desert* by Carolyn Dodson
- *Northern Chihuahuan Desert Wildflowers* by Steve West
- *Wildflowers of the Sandia and Manzano Mountains of Central New Mexico* by Larry J. Littlefield and Pearl M. Burns
- *Foothills Flowers of the Sandia Mountains* by Arian Leigh Pregenzer
- *Wildflowers of the Northern and Central Mountains of New Mexico* by Larry J. Littlefield and Pearl M. Burns (expanded from the previously published *Wildflowers of the Sandia and Manzano Mountains of Central New Mexico*)
- *Mountain Wildflowers of the Southern Rockies* by Carolyn Dodson & William Dunmire
- *Rocky Mountain Flora* by James Ells
- *Flora of Colorado* by Jennifer Ackerfield
- *Field Guide to the Plants and Animals of the Middle Rio Grande* by Jean Luc Catron, David Lightfoot, Jane Mygatt, Sandra Brantley, and Timothy Lowrey

Southwest Herbalism and Foraging:

- *Medicinal Plants of the Mountain West* by Michael Moore
- *Medicinal Plants of the Desert and Canyon West* by Michael Moore
- *Remedios* by Michael Moore
- *Medicinal Plants of the American Southwest* by Charles Kane
- *Healing Herbs of the Upper Rio Grande* by L. S. M. Curtin
- *Southwest Foraging* by John Slattery
- *Mountain States Foraging* by Briana Wiles

Southwest Ethnobotany:

- *Wild Plants of the Pueblo Province* by William Dunmire and Gail Tierney
- *Wild Plants and Native Peoples of the Four Corners* by William Dunmire and Gail Tierney
- *Native American Ethnobotany* by Daniel Moerman

Bosque History:

- *Albuquerque's Huning Castle Neighborhoods* by Jane Mahoney

Other Recommended Reading:

- *Braiding Sweetgrass* by Robin Wall Kimmerer
- *New Mexico Vegetation* by William Dick-Peddie